



FOOTBALL

Incoming Freshman Spring & Summer 2019

Parent Meeting - Program Wide 7-12

- May 5th @ 3 pm
- A lot of information for Summer and fall is handed out at this meeting. Please make plans to attend this meeting.

Voluntary Lifting - Incoming freshman only

- Monday and Thursday night from 6:00-7:15
- Dates are April 2, 4, 9, 11, 16, 18, 23, 25, 30, May 2, 7, 9
- SF Varsity football coaches will run the workouts and weight room.
- Location is SF Football field house

Spring Ball

- Freshman May 13-24. 6-8 pm
- Practice is helmet only. Spring ball is a big part of player evaluations heading into team camp and fall practice.

Team Camp - Cost \$30

- Freshman May 29-30, @ SF, 4-7pm
 - Westmoore, Norman North, Mustang, PCO, Memorial, Ed North?, Deer Creek?
 - Team camp is a padded camp. We will practice and scrimmage against the other teams in attendance. Team Camp is a big part of player evaluations.

Summer Pride - Cost \$150

- Summer Pride is a working camp. Participants will be instructed in weight training, speed development, agility development and conditioning. If you are interested in playing football at Santa Fe the expectation is that you attend Summer Pride
- Freshman
 - June 17-28, Monday, Tuesday, Thursday, 9:00-10:30 am
 - July 8-August 2nd, Monday, Tuesday, Thursday, Friday, 10-11:30 am

****Register and sign up for camps on line. Go to www.epsathletics.com click on inside athletics and then summer camps.**

Questions email Coach White - kyle.white@edmondschools.net or call 726-7400



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