



FOOTBALL

MIDDLE SCHOOL / YOUTH SPRING & SUMMER 2019

Parent Meeting - Program Wide 7-12

- May 5th @ 3 pm

Vertical Team Camp - Grades to be 7th & 8th 2019-2020

- Cost - \$60
- June 4-6, 6-8 pm
- Helmets only
- This is an important 3 days for our middle school football teams. Coaches are able to evaluate players, players are able to be coached by Varsity staff and begin learning the offense and defense they will run in the fall.

Summer Pride - Grades 6-9 2019-2020

- Cost - \$150
- June 17-28, Monday, Tuesday, Thursday, 9:00-10:30 am
- July 8-August 2nd, Monday, Tuesday, Thursday, Friday, 10-11:30 am
- Summer Pride is a working camp focusing on strength, speed, agility and conditioning. If you are planning on playing football, the expectation is that you attend SF Football Summer Pride.

SF Lineman Camp - Grades 3rd-8th for 2019-2020

- Cost - \$60
- June 25-27, 11:30 am - 1:30 pm

SF O & D Skills Camp - Grades 3rd-8th for 2019-2020

- Cost - \$60
- June 25-27. 11:30 am - 1:30 pm

SF & EYFL Tackling Camp - Grades 1st-6th for 2019-2020

- Cost - \$60
- July 15-17, 6-8 pm

****Register and sign up for camps on line. Go to www.epsathletics.com click on inside athletics and then summer camps.**